

# SUPPORT YOUR HORSE'S COMFORT, PERFORMANCE & WELLNESS

Gentle, interactive equine bodywork using the Masterson Method®



**Jim Masterson**  
Founder, Masterson Method®



## What is it?

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A hands-on approach that works *with* your horse's to help release tension and improve mobility.

## Common benefits:

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- Improved relaxation and softness
- Increased range of motion
- Better performance and willingness
- Deeper connection between horse and rider

## Ideal for:

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- Performance horses
- Horses in regular work
- Sensitive or “hard to read” horses
- Any horse who could benefit from greater comfort and ease

## What a session looks like:

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- Quiet, respectful, horse-led
- Focus on areas of accumulated tension (poll, neck, back, hind end)
- Observing and following the horse's subtle feedback

**Interested in learning more?**

I'm always happy to answer questions or connect.

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